



# Pregnant By Choice

## What is Pregnant By Choice?

Pregnant By Choice is a new program that provides family planning services to women who have received Medicaid benefits through the Pregnant Women program. This program extends family planning options to women who would typically lose their Medicaid benefits two months postpartum.

Family planning services help women to reduce the incidence of closely spaced pregnancies and decrease the number of unintended pregnancies. This, in turn, leads to healthier babies, better birth outcomes, and improved child health.

## Eligibility Criteria:

- Must be transitioning from the Pregnant Women program
- Must not be eligible for another Medicaid program
- Must not have health insurance
- Must not have had a medical procedure to prevent pregnancy
- Must meet U.S. Citizen/Immigration Status
  - verified through PW
- Must be a Wyoming resident
- Must be age 19 through age 44
- Must be equal to or less than 133% of the Federal Poverty Level
- Must not be pregnant

## Application Process:

- The Department of Family Services (DFS) will send a review form to women eligible for the Pregnant Women program, while in the 60 day postpartum period, to determine if they are interested in the program.

## Medicaid Services Limited to:

- Approved family planning methods and products approved by the Food and Drug Administration (FDA). This program will not cover sterilization reversals, infertility treatment or abortions.

## Where can services be provided:

- Family Planning Clinics
- Primary Care Physicians (MDs and DOs) in public and private practice
- Certified Nurse Midwives
- Nurse Practitioners
- Physician Assistants
- Pharmacies
- Laboratories
- Outpatient Departments of Hospitals (as appropriate)
- Federally Qualified Health Centers
- Rural Health Clinics
- Tribal Health Centers
- Wyoming Title X and non-Title X publicly funded family planning agency and its sub-grantees, to include participating local public health departments

### **Medicaid Services under Pregnant By Choice:**

Family planning services including education about reproductive health, abstinence and methods of contraception.

The following medically prescribed services and supplies are proposed for coverage in the family planning waiver program benefit package:

- Initial physical exam and health history, including patient education and counseling relating to reproductive health and family planning options, including a pap smear and testing for sexually transmitted infections
- Annual follow-up exam for reproductive health/family planning purposes, including a pap smear and testing for sexually transmitted infections when indicated
- Brief and intermediate follow up office visits related to family planning
- Necessary family planning/reproductive health-related laboratory procedures and diagnostic tests
- Contraceptive management including drugs, devices and supplies
- Insertion, implantation, or injection of contraceptive drugs or devices
- Removal of contraceptive devices
- Sterilization services and related laboratory services (when properly completed sterilization consent form has been submitted) and
- Medications required as part of a procedure done for family planning purposes.

### **More information**

If you would like more information on EqualityCare programs including Pregnant By Choice, please visit the EqualityCare website at: <http://wdh.state.wy.us/healthcarefin/equalitycare/index.html>